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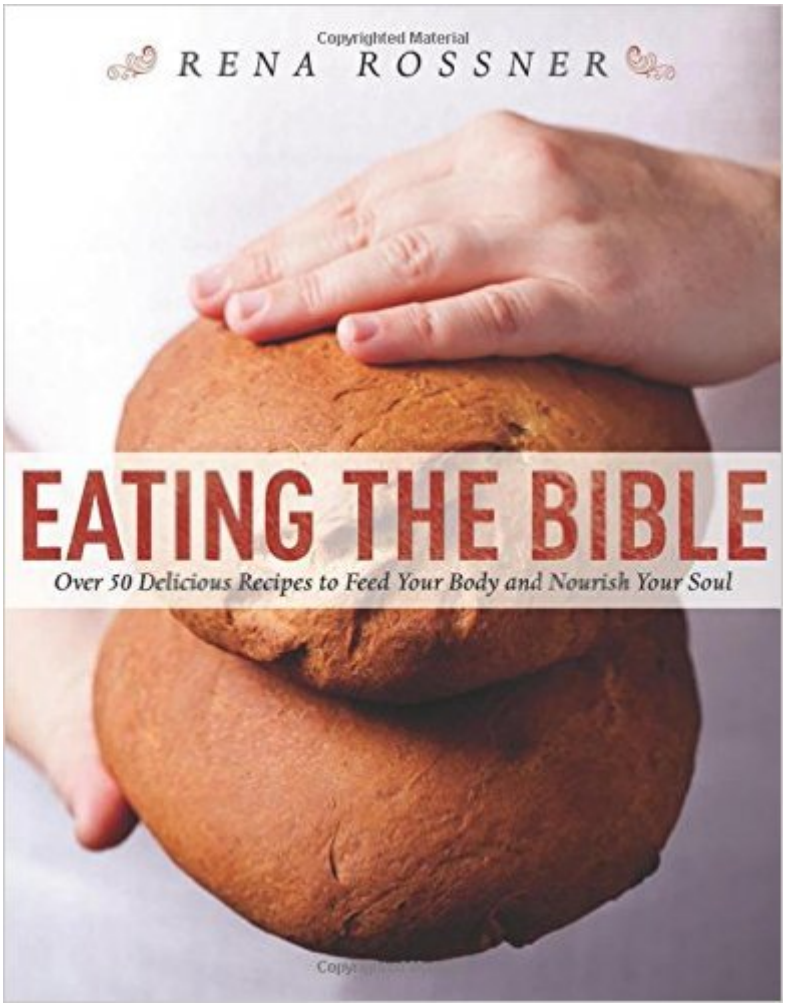
Eating The Bible: Over 50 Delicious Recipes To Feed Your Body And Nourish Your Soul



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Synopsis

One weekend, a decade ago, author Rena Rossner was served a bowl of lentil soup at dinner. The portion of the Bible that had been discussed that week was the chapter in which Esau sells his birthright to his brother Jacob for a bowl of red lentil soup. Rossner was struck by the ability to bring the Bible alive in such a tactile way and decided on the spot to see whether she could incorporate the Bible into a meal each week. And so she has. The result,Â Eating the Bible, is an innovative cookbook with original, easy-to-prepare recipes that will ignite table conversation while pleasing the stomach. Every meal will become both a tactile and intellectual experience as the recipes enrich both the soul of the cook and the palates of those at the table.Every cook must glance at a recipe countless times before completing a dish. Often recipes involve five- to ten-minute periods during which one must wait for the water to boil, the soup to simmer, or the onions to sautÃ©. It is Rossnerâ ™s goal to help enrich those moments with biblical verse and commentary, to enable cooks to feed their souls as they work to feed the members of the household and guests. From the zesty â œGarden of Eden Saladâ • to the â œHoney Coriander Manna Bread,â • each recipe will delight the palate and spark the mind.

Book Information

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Customer Reviews

Length: 1:36 Mins

Eating the Bible has added a new layer of significance to eating for me. Each recipe begins with a

quote from the Old Testament and brief, but detailed, explanation of its significance. I have found this aspect important in connecting with the food and its preparation, and it also sparks some great dinner table conversation. Also, the recipes are on the simple side of the spectrum and very accessible. Another great aspect of this book is the photography. The interior design is beautiful; each recipe is accompanied by rich photography of the end product and often step-by-step pictures. Because the photos are an essential aspect of experiencing this book, I have added a video so you can see the interior for yourself. This book allows you and for whom you cook to have an intimate experience with the meal and its roots. A must-read for any foodie, especially those interested in the Old Testament.

In terms of kosher cook books, of which I have many, this one really sets itself apart.First of all, if you just enjoy reading cookbooks, this has (you should pardon the phrase) a lot of sizzle in the steak. A through but not lengthy discussion is given to the biblical explanation for each of the recipes. For fans of the old testament, Jewish, Christian or otherwise, you will enjoy the read.Second: The recipes look fantastic. I'll be honest I've only been able to do one recipe so far, and I am filled with guilt for all the weeks that I have missed (there are enough recipes to get you through almost a year...i.e. by the parsha)Third...and very related to the second. My husband and I really enjoyed the wagon wheel salad. Do you know the pain of being a foodie and having a child who drenches EVERYTHING in ketchup? Each recipe give palate-pleasing alternatives for those of use who live with this burden. This was perhaps the most exciting part of the cookbook....Fourth: For religiously minded families who are always looking for ways to get their children excited about the Torah (bible, old testament, etc....). This is a fantastic tool. Rena's research for the questions to ask section are the veritable cherry on top on thissundae of a cook bookFifth: I am a foodie, but I am a lazy one at that, this weeks recipe calls for a pavlova, I'm not making pavlova on a early Shabbos, especially since I've never made one before, know what I am doing? I'm using the alternative section and serving marshmallows. Check back with me next week when I will be making the tu b'shvat chicken 2 weeks late.

I ordered this last March when I first heard of it and very excited to receive it this month.I'm always itching for something new to eat, some new way to think about food.This book is a fine salve for my special itch... erm, yes.It feels personal (compelling) in a way I can't recall experiencing in a cookbook.And so far...although I've certainly only begun exploring the offerings... I'm surprised at how many of the recipes seem approachable - something I'd actually use/eat regularly.Whatever

your spiritual inclination, you eat.This looks to be a great book to help fill yer gut good n polish yer spirit stick.

This book creates recipes related to almost every portion of the Torah (if not every portion- I haven't checked portion-by-portion to make sure). Rather than merely using foods mentioned in the portion, Rossner goes further to make a connection. For example, in response to a portion mentioning that the Jews are like the stars in the sky, she creates a recipe for star shaped cookies. And for the Torah portion related to the jubilee year, she drafted a recipe called "cherries jubilee"- which strikes me as kind of a stretch. Even though not every recipe seemed equally good or equally relevant to the portion, this is still an impressive and interesting effort.

Oh, my, where do I begin. The drool-inducing photography? The clean, easy-to-follow layout? The magnificent premise? The recipes that sound both yummy and fun to make? I truly love this cookbook. The idea that I can discuss Bible lessons with my children while we conjure up these amazing-looking dishes is so great that I want to order a copy for all of my friends who have kids. And if you're still wondering what's so special about this book, wait until you see the photos of the ginger-bread Tabernacle.

This a is a wonderful cookbook. The recipes are delicous, creative, and always seem to add fesitivity to our dinners. The book itself is well put together with beautiful pictures. I have a lot of very pretty cookbooks that look nice, but that I don't get much use out of. This is not the case with Eating the Bible. We have used it over and over again since geting it in November. Our whole family loves it.

The food is wonderful and not overly complicated to make. The images are beautiful and the conversation created by the food is something special that everyone can participate in. Eating the Bible is a tasty and inspiring book! Hoping for more from the author!

This book is unique, intriguing, fascinating and important - a very creative and interesting work of art. The witty text is smart enough for a scholar, yet fun enough for a child, and it pairs with gorgeous photos of the recipes within. Rena Rossner's warm and informative voice takes you through each individual recipe, talking about ancient culture and life and, at the same time, showing how we can find modern equivalents for specific foods and meaningful ideas. I followed many of

these recipes in the company of friends and family, and at the end of each cooking session they all wanted their own personal copies of the book.

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